



BEACH TRACK CLUB

NSF CERTIFIED

Thorne products that carry the NSF Certified for Sport mark: what's on the label is in the bottle, and nothing on the banned lists is. This is the shortlist we point athletes to.

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WHY IT MATTERS

NSF Certified for Sport means every lot is tested for identity, purity, and potency, and screened against the USADA and WADA banned lists. If you compete, that mark is the difference between a supplement and a risk. Thorne makes these in an NSF GMP-certified facility.

PRODUCT	WHAT IT'S FOR
Basic Nutrients 2/Day	Complete multivitamin and mineral, 24 nutrients in the forms your body absorbs best
Super EPA	Concentrated fish oil, EPA and DHA, for circulation and brain function
D-5,000	Vitamin D3 for bone and muscle health and immune support, no fillers
Catalyte	Electrolyte replacement: sodium, potassium, calcium, magnesium lost in sweat
Amino Complex	Branched-chain and essential aminos to build and keep lean muscle. Lemon or berry
Creatine	Creapure micronized creatine monohydrate for recovery, muscular endurance, and power
Beta Alanine-SR	Sustained release. Endurance in short, high-intensity work; less neuromuscular fatigue
Whey Protein Isolate	21 g per serving, non-denatured, for lean mass and post-workout recovery
MediPro Vegan	Plant-based protein for anyone sensitive to whey, casein, soy, or egg
FloraSport 20B	Probiotic, 20 billion cultures, for heavy training, travel, and stress
Cal-Mag Citrate	Effervescent calcium and magnesium with vitamin C for bone and muscle
Magnesium Bisglycinate	Nerve and heart function, muscle contraction and relaxation. Easy on the stomach
Iron Bisglycinate	Red blood cell formation with less GI upset. Only if blood work says you need it
Zinc Picolinate	Growth, immune function, and recovery
Vitamin C	Immune support and collagen formation for tendons, ligaments, and skin
L-Glutamine Powder	Lean mass, gut, nerve, and immune support
Glucosamine & Chondroitin	Cartilage and joint mobility
Meriva 500-SF	Soy-free curcumin for post-exercise soreness and a healthy inflammatory response
Perfusia-SR	Sustained-release L-arginine for nitric oxide and cardiovascular support
NiaCel	Raises NAD+ for endurance, heart and skeletal muscle, and cognition
Melaton-3	3 mg melatonin for sleep and a normal circadian rhythm

These statements have not been evaluated by the FDA. Products are not intended to diagnose, treat, cure, or prevent disease.
Source: thorne.com.